

Anima Christi

Soul of Christ, sanctify me.

Body of Christ, save me.

Blood of Christ, enliven me.

Water from the side of Christ, wash me.

Passion of Christ, strengthen me.

O Good Jesus, hear me.

Within your wounds hide me.

Let me not be separated from you.

From sin and division, defend me.

At the hour of my death, call me

and invite me to come to you

That with your saints I may praise you

For ever and ever.

Amen.